

# CRATFIELD NEWS

*January 2023*



## WELCOME

A very warm welcome to Oliver and Rachael who have recently moved into Swan House, Swan Green. We hope they will enjoy living in our lovely village. We look forward to seeing them at village events and as they live in an ex-pub hopefully they will join as at the pop-up pub in the village hall.

## MEDAL FOR VETERANS

At long last the Government has decided on some recognition for the veterans of the Nuclear H Bomb Tests of some 70 years ago. His majesty King Charles III has granted a special medal to be awarded to participants from all three services realising that when Great Britain became the third Nuclear Power it would help in ending the Cold War. PLEASE hurry as waiting too long will mean we will all be ex-veterans. I witnessed Great Britain's first H Bombs in 1957 aged 19 whilst serving on my first ship H.M.S. Narvick during Operation Grapple. It frightened the life out of me, but I was lucky having not suffered, like so many Veterans, from radiation allegedly causing them, and their offspring, ill health.

RO2 [G] Anthony Underwood PSS 958596 R.N. H.M.S. Narvick Operation Grapple 1957 Christmas Island/Maiden Island

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Peter and Sue Bell Corner Manse Lane 798617

## THANK YOU

The Royal British Legion (Fressingfield and District Branch) would like to thank the people of Cratfield for their generosity during the November Poppy Appeal. £376 was collected door-to-door and at the pop-up pub night. The total raised by the branch (Fressingfield, Cratfield, Wingfield, Metfield, Weybread and Mendham) was £4,651.18.

## CARPET BOWLS

The first Carpet Bowls session of 2023 is at the Village Hall on Tuesday 24<sup>th</sup> January at 7pm. £2 entrance fee. All are welcome. It's good fun!

## **CRATFIELD AND LAXFIELD THERMAL IMAGING PROJECT**

### **Helping You Keep Your Warmth In**

The Suffolk Climate Change Partnership, made up of all the Local Authorities in Suffolk, have purchased several thermal imaging cameras which they are loaning out to community groups to carry out surveys in their areas for free.

**The Four Rivers Benefice Lightwave Team, which covers all the parishes in the Four Rivers Benefice, has booked a camera for 24<sup>th</sup> January - 24<sup>th</sup> February**

The aim of the project is to raise awareness about insulation, and if possible, help you to improve the energy efficiency of your house. This could reduce fuel bills and the total amount of carbon dioxide that we emit into the atmosphere which is important for stopping climate change. It may also improve your health and well being.

#### **What is thermal imaging?**

Thermal imaging works by detecting infra-red radiation emitted by a building and uses it to determine the temperature of walls, windows, doors, roof etc. The infra-red camera translates these differences into an image with different colours representing cool (blue/purple) to hot (white/red) spots.

Infra-red radiation cannot pass through glass and so the camera cannot see through your windows, doors so a thermal imaging survey will not invade your privacy. What we are seeing in the images is only the outside surface of the house.

#### **What can you learn from a thermal imaging survey?**

If your house is relatively new, already has insulated cavity walls and double glazing and feels warm – you might not learn much, except to get an even warmer glow after confirming your house is well insulated!

If your house is older and seems difficult to keep warm - you might learn where the heat is escaping and get some ideas about where to insulate.

A thermal imaging survey might identify places which might have draughts, detect whether cavity wall insulation is patchy or missing, detect areas with less loft insulation (although roofs are tricky to image with the camera)

If you would like to include your house in the survey please contact Mike at [miketurton2001@gmail.com](mailto:miketurton2001@gmail.com) or Clive at [climob@yahoo.co.uk](mailto:climob@yahoo.co.uk).



# History Corner

## Musings from the Museum

This year the Museum was gifted a rather unusual Wedgwood plate with a picture of Heveningham Hall and a French inscription. The donor, who owned three copies, had contacted Wedgwood, who indicated it was one of theirs but that they had no record in their catalogue of work. This made us at the museum ponder for a while and one of the suggestions was perhaps the plate was a private commission and maybe one made by the French visitors in 1784, who were very taken with the then new version of Heveningham Hall. The visitors were two young nobleman, Francois and Alexandre de La Rochefoucauld, who spent a year touring Suffolk. Francois' obvious delight with the building must have echoed general appreciation at the time. Designed in 1777 for Sir Gerard Vanneck, the young men's travelling companion described the Hall as 'magnificent, built in the grand manner, and makes a great impression.' Maps of Suffolk, such as those by Thomas Moule, would have two buildings predominantly featured: Euston Hall, seat of the Dukes of Grafton, and Heveningham Hall. The enthusiasm of young Francois is shown in his account of their visit. He notes that the former hall built c1710 was used as the centre of the present 'handsome modern building'. The resulting central hall he describes as 'extremely noble, magnificent, all clad in the finest stucco...'

The breakfast room was 'oblong, the finest proportions, large and hung with beautiful pictures; it is covered in a light blue paper, simple but elegant: the mantlepiece is of very well-carved white marble.'

The young Frenchman enthused about the dining room: 'I should still think it impossible to contemplate a more beautiful room if we had not immediately entered the library, which wiped it at once from my sight. This room is the masterpiece of taste.'

He was impressed with the kitchen: 'I even went to see the kitchen which is very fine, cleanliness supreme, and running water on all sides.'

Francois continued showering compliments on the exterior of the 'superb' house which also evoked exclamations about the grandness even mentioning the stable which 'also form a considerable block.'

He does have a couple of negative comments about the position of the hall and the 'ugly' and 'unsuitable' flowerbed by the house but overall his

descriptions are peppered with words such as 'delightful' and 'noble'. We are treated to a personal 18<sup>th</sup> century view of a hall that is very familiar to us all today.

But the most endearing parts of the account are the personal responses to the weather and the young men's unfamiliarity with English customs. The visit to Heveningham starts with reference to the rain: 'The day... was not fine: we had a little fine rain from time to time – although the English called it mist – and it allowed us to see nothing through it.' The Frenchmen arrived at the Hall at 9.00am and presented their letter of introduction. Sir Gerald Vanneck's sister was eating breakfast and Sir Gerald obviously met them on his way out, wearing his hat, and asked them in. They assumed this was the done thing and immediately 'we withdrew to put on our own hats, then we entered.' They then had tea at the breakfast table and presumably sat there in their hats!

*Most of the information in this article is from 'A Frenchman's Year in Suffolk, 1784' by Francois de La Rochefoucauld and translated by Norman Scarfe.*

*Merry Xmas and a Happy New Year from Laxfield & District Museum and hope to see you all in the museum on or after Good Friday when we re-open.*

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### **Cratfield Quiz Buildings in UK**

1. Where are the crown jewels kept?
2. Who was the first monarch to live in Buckingham Palace?
3. Who lived at 3 Rillington Place?
4. What is the name of the royal estate in Norfolk?
5. Which building was used for filming Downton Abbey?
6. Who lived at 221B Baker Street, London?
7. In the House of Commons, what colour are the seats?
8. Which building in Richmond upon Thames was built for Cardinal Wolsey?
9. Where are the world snooker championships held?
10. What is the nickname of the building at 30, St Mary Axe, in London?
11. Which building was Hogwarts in the first two Harry Potter films?
12. Can you name the Three Graces in Liverpool?
13. Which museum is situated in Great Russell St, London?
14. Where is Horatio Nelson buried?
15. Which famous writer lived in The Boathouse in Laugharne Wales?
16. Where would you find the Royal Pavilion?
17. Which landmark has a famous ballroom which opened in 1899?
18. Where would you find Carisbrooke Castle?
19. How many Tate museums are there in the UK?
20. Where are the National Archives now housed?

MICHAEL OLIVER

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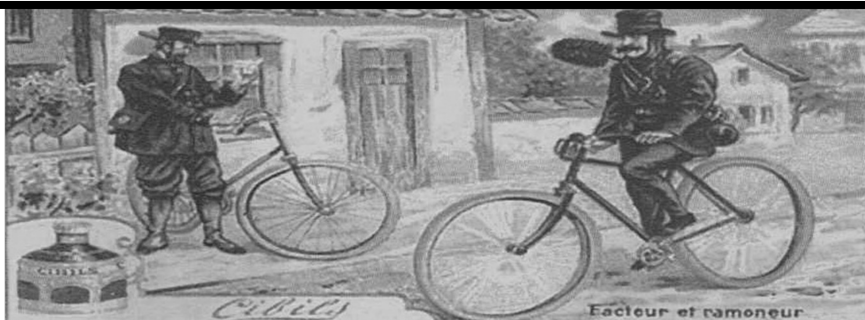
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*Cllr Richard Chivers Tel: 07900 187350 - Silverleys Green collection*



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## OLIVER

As the workhouse scene came to life even the temperature played its part. We were definitely immersed in the character of the play.

Under Symone's brilliant direction and hard work the children sang & danced and took us to the heart of 'The TWIST' **The Christmas Story**.

You'll all agree Symone and the children were fantastic.

Oliver was played by Amelia Glennon

Artful Dodger - Nathan Eagling

Sykes - Niamh Sparrow

Mr Bumble - Ethan Glennon

Mr. Brownlow - Zach Malin

The Policeman - Jessica Clarke

Rose seller - Bethany Eagling

Louisa Loades was in the Workhouse, a Chimney Sweep in the London Scenes & Fagin's den.

Our Cratfield 'star' was Evie Malin who of course was Nancy.

A Special thank you to Paul Marfleet who together with Nancy brought our story to its thoughtful conclusion.

Finally, thank you to Tim Ackerly who was our brilliant Fagin, just brilliant!.

And, of course, I must thank Marcus & Jane at Rookery Farm who so generously allowed us to transform their barn.

A lot of time was given by a lot of people. My personal thank you to Ian, usually unsung, who organised and worked many hours in the barn also writing the quizzes for our fund raising. Gary Thomas helped us with all the music, Robert Sannick was our lighting engineer, Dan Elford worked his magic with the scenery, Graham Nixey and Chrissie Kitchen were our resident artists and Brian Leverett was our Doorman on the night.

Oliver's fantastic stitchers were Wendy Thomas, Sue Eade & Susannah Wilson who turned scraps into amazing costumes! Linzi Elford helped Symone give the children direction on the night. Sue Ackerly brought their camper van and provided a hot meal and blankets for the children between performance. **Thank you to all.**

So now to you, the people who supported us at Quiz nights & Coffee Mornings. Your support helped us to pay for all the hidden costs including the Halesworth Community Bus which collected and dropped everyone off.

My thank you is to all of you who came out on a freezing night. **YOU** are the people that make our wonderful village.

Sending Love and Peace for the New Year.

HOWEVER NONE OF THIS WOULD HAVE HAPPENED WITHOUT MARGARET. So I'm sure you'll agree she deserves a huge round of applause!



## Flying Blind or The Sands of the Sahara

After the excitement of the man overboard,<sup>1</sup> we continued our exercises with the remainder of our group off the Moroccan coast in fine weather, before we all headed south for visits to West African ports and then on to Rio de Janeiro via Ascension Island for major exercises with the Brazilian Navy. They were interested in acquiring British built warships. As we progressed down the West African coast almost 80 miles to seaward, we ran into a new weather hazard rather more challenging than plain rough weather – this was a sandstorm, borne on a strong easterly gale coming straight off the Sahara Desert. So thick was it that visibility was down to around 50 yards and the radar picture was badly affected too, since sand could give a radar echo on the radars of those days, causing a great deal of “noise”. All ships were ordered to refuel in turn, one at a time on each side of the tanker. When HMS Ashant’s turn came my first problem was to identify on the radar which contact was our tanker, something of an informed guess.

Normal refuelling speed is 12-14 knots. The standard procedure is to approach the tanker from astern, about 100 feet off at around 23-24 knots, then stop your engine and let your ship surge through the tanker’s stern pressure zone, judge when to order the engine ahead again so that you “slot in” alongside the tanker, matching its heading and speed (you should know your vessel’s deceleration rate and distance). Then it’s a matter of constant minor adjustments in course and speed for an hour or so to remain close enough to avoid overstretching the hose but not to hit the tanker, and in the same position alongside the tanker so that her hoses drop neatly into your fuelling connection. It requires great concentration and judgement, particularly at night and in rough weather. In this case it was worse than night, and the most stressful of hundreds of underway fuellings I have done. I was most definitely flying blind; I couldn’t see the tanker until we passed her stern just 100 ft off – a white-knuckle ride!

However, all ships successfully completed refuelling and we were then detached for our individual ship visits. Ours was to Dakar, the capital of Senegal, once the capital of the slave trade. As we cleared the sandstorm and could see properly, we realised that that we had changed colour – we had become almost completely yellow! We certainly couldn’t undertake a formal visit looking like that, so I ordered the whole crew up on the upper deck in bathing trunks. We rigged hoses and washed the ship down from masthead to waterline using the firefighting water main. It was quite fun and in a couple of hours we were battleship grey again.

This produced another problem. The fire main in a ship uses salt water to take advantage of the huge amount of water surrounding the ship. There is no better way to corrode steel than to put salt water on it and

the salt also crystallises and remains on the metal surfaces. We needed to hose it down with fresh water but couldn't afford to use our own. However, there were a few rain clouds around and so I set off to chase rain showers. Amid much jollity, the crew were encouraged by one of our radar experts, a delightful Jamaican, to do what he called "a rain dance"! For me, the most memorable thing was that I was able, for the only time in my entire naval career, to "pipe"<sup>2</sup> one of the oldest of naval orders - "Hands to dance and skylark" - dating back to the days when dancing the hornpipe was the most common form of exercise in old wooden ships of the line and was regularly done to keep the crew fit<sup>3</sup>. I confess that it gave me much amusement and quite a thrill as it was entered in the Ship's Log!

Eventually we found enough rain showers to wash the salt water off and smarten ourselves up ready to enter Dakar the next morning. A day which had started for me with great stress ended in relaxed good humour and we were ready for what for what turned out to be a visit packed with formal ceremonial and diplomacy in which the ship's appearance mattered a good deal.

### **Jeremy Blackham**

1. See Cratfield News December 2022
2. In naval ships, all broadcasts on the public address are known as "pipes" because in former times, before loudspeakers were invented, all orders were passed by means of calls on the bosun's pipe (a little like bugle calls in the Army). Even today they are often introduced by a call on a bosun's pipe.
3. Tradition has it that this is how "Dancing the Hornpipe" was invented.

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### **Answers to CHRISTMAS CRYPTIC CROSSWORD**

#### **ACROSS**

1. wreath 4.season 9.nut 10.aft 11.flavour 13.essay 14.pease  
15.decorations  
18.dames 20.actor 21.Scrooge 22.elk 24.egg 25.tinsel 26.infant

#### **DOWN**

1.winter 2.eat 3.telly 5.eyepup 6.spa 7.nutmeg 8.invitations 11.fancies  
12.rejoice 16.advent 17.bright 19.scene 20.again 23.kin 24.era

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### 2023 Mobile Library Dates

Tuesdays

Silverleys Green 14.15 – 14.35 and The Poacher 14.45 – 14.55

**24<sup>th</sup> January**, 21<sup>st</sup> February, 21<sup>st</sup> March, 18<sup>th</sup> April, 16<sup>th</sup> May, 13<sup>th</sup> June, 11<sup>th</sup> July, 8<sup>th</sup> August, 5<sup>th</sup> September, 3<sup>rd</sup> October, 31<sup>st</sup> October, 28<sup>th</sup> November **No service in December**

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## **VILLAGE HALL UPDATE – JANUARY**

Many thanks to those who those who contacted us following the appeal in last month's magazine and offered help to step into some of the vacancies on the committee. Just to re-iterate, there has not been a 'mass exodus' or 'falling out' (amazing what rumours one hears!) but a number of committee members who have all done a long time on the committee want to step down in the future and others have stepped into new positions creating vacancies.

### **Pop Up Pub – with food by Cratfield Kitchen**

**Friday 6<sup>th</sup> January / Friday 3<sup>rd</sup> February 6pm – 10pm**

Don't forget the Pop-Up Pub on the first Friday of every month! Pop along for a drink and some supper (delicious, home-made and locally sourced ingredients!) – saves cooking and no washing up too. Bar takes cash and card payments – so fear not if you have no cash, we will take plastic money too! The menu from Cratfield Kitchen goes up on the village Facebook usually on the Monday/Tuesday beforehand.

### **Indoor Bowls – Tuesday 24th January - 7pm**

Fortnightly thereafter – come along and have a go! Tea & Coffee available and there is a suggested donation of £2 to play. Any queries please contact Nigel 07445351861 or Elliott 07963676207.

### **'Behind the scenes' at the RHS Chelsea Flower Show**

**Sat 18<sup>th</sup> February 2023 - 7 for 7.30pm**

With 10 years' experience working with award winning designers on main avenue show gardens come along and find out just how long it takes to design and build these breath-taking show gardens. A range of photos, maps of the site and timelapse photography will be used to demonstrate how the show gardens are built. The talk will also cover the myths of how the gardens are judged and what is the difference between the Gold, Silver Gilt and Silver awards.

Tickets are limited to 50 and are £6 each (payable on the night) – please book your place with Paul Marfleet - [marfleets@doctors.org.uk](mailto:marfleets@doctors.org.uk) or leave a message on 01986 799048.

### **French Bistro Night**

**Saturday 11 March 2023 7 for 7.30 – BAR OPEN TOO!**

Back by very popular demand! For a 3 course French Bistro style meal book your places and menu choices early via [cratfieldvillagehall@gmail.com](mailto:cratfieldvillagehall@gmail.com) – places limited to 50. Bring your own drinks or the bar will be open too - £15 per head

Starter – Pate with crusty bread (vegetarian option - mushroom pate)  
Main Course - Coq au vin or Boeuf bourguignon (vegetarian option –

vegetable cassoulet)

Desert – tarte au pomme / tarte au citron with cream

(Large servings promised!)

### **Acoustic Night**

**Saturday 15<sup>th</sup> April 2023 – doors open 7.15**

More details to follow

### **Photographic Competition 2023 - The categories for 2023 are**

**My Cratfield** – what does Cratfield mean to you? An early morning dog walk, a day in the garden, a view out of a window or favourite corner of the village.

Snap

**Suffolk Patterns** – is there a man-made or natural pattern that catches your eye, like herringbone brickwork on an old building or tyre tracks across a field?

**Abandoned Suffolk** – is there an old building you regularly pass, a rusting bike that is being taken over by a hedge or a pile of deckchairs covered in cobwebs in the back of the shed?

### **100 CLUB**

The December draw was taken by Erica Rae and the results are:

First prize (£15) to Sandra Taylor (number 53)

Second prize (£10) to Robert Sannick (number 49)

Third prize (£5) to Caroline Wisby-Brown (number 83)

Congratulations to all!

### **Committee Meetings for 2023 – 7pm**

Thursday 16<sup>th</sup> Feb / Thursday 18<sup>th</sup> May / Thursday 17<sup>th</sup> Aug / Thursday 9<sup>th</sup> Nov (and AGM)

### **VILLAGE WALK**

It was great to see friends old and new turn out for the Village Walk and Christmas Light switch on. About 15 people set out for a brisk walk around the village and we were joined by about another 15 for toasted tea cakes and mince pies afterwards with a super bonfire supervised by Andy. A quick few verses of the Holy and the Ivy set the scene of the light switch on. Thanks to all those who helped at the event. The Seasonal village walks have become a bit of a tradition since they were instigated about four years ago and are a great way to get to chat to people you might not otherwise get to meet or speak to.

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**Benefice Services for January 2023**

January 2023	1st	8th	15th	22nd
Bedfield	10.30am Holy Communion	10.30am Family Worship		10.30am Morning Praise
Brundish		10.00am Village Worship		10.30am Holy Communion
Cratfield		6.00pm Evening Prayer	9.00am Village Worship	9.00am Holy Communion
Laxfield	10.30am Celtic Morning Service	10.30am Plough Sunday	10.30am Holy Communion	10.30am Fourth Sunday Worship
Monk Soham		11.00am Morning Prayer	11.00am Holy Communion	11.00am Morning Prayer
Tannington				
Wilby		10.30am Holy Communion	10.30am Village Worship	10.30am Morning Prayer
Worlingworth	11.00am Holy Communion	11.00am Let's Celebrate	11.00am Holy Communion	11.00am Morning Prayer

**Benefice Service January 29<sup>th</sup> 10.00am Cratfield**

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## Exploring the Scottish Islands – with a collapsible bike!

### Rum (Pop. 30): Part 3

**Archie Cameron** was, when interviewed in 1989, the last surviving person to be born and brought up on Rum. He was born in 1903, the same year that Sir George Bullough was marrying a society beauty, Monique Lilly de la Pasture (Lady Monica). Archie's father was called upon to work on the Bulloughs' estate, so Archie grew up on the Rum that was the Bulloughs' own private playground – for just 3 weeks each year.



*A party of guests - 2 ladies wearing midge nets - on the steps of Kinloch Castle ready for stag hunting*

For the rest of the time, the island was (literally) ruled by an estate factor (property manager) – whom Archie detested: “Their very presence had an aura of evil about them. People just kept out of their way.” Although the gates of the castle were kept mostly closed, there were occasional meetings with the gentry: Archie even grew close to the Bullough's daughter, Hermione, and became smitten, though she soon broke his heart! ...But it was the dreaded factor that changed Archie's life: Archie took a boat without permission and the factor threw him off the island. He was just 17.

Archie wrote a delightful book about his life called ‘Bare Feet & Tackety Boots’. In it, he says: “Before leaving the island on which I had spent all my life I went around to all my favourite places. With a friend I walked up the Harris road and there, at the junction with the Kilmory road, we sat down in the sunshine and I carved my name deep into the red rock at the roadside, *Archie Cameron.*”

Sir George died in 1939 and Lady Monica in 1967, 47 years after Archie was thrown off the island. “I stood on the hillside at Corpach (*a village north*

of Fort William) as the train went by carrying the mortal remains of a most gracious lady to her last resting place, beside her husband, the late Laird of Rum. I raised my hat and held it there until the sound of the train died away, and ended an era to which we can never return.”

In the late 90s, I visited the island. My accommodation for 2 nights? Only Kinloch Castle! However, the guest accommodation was more basic than other parts of the castle, naturally! It did mean, though, that a castle tour, together with hearing an ear-piercing rendition from the Orchestrion, was easy to obtain. The castle manager was very welcoming and the few castle guests were invited, on our first evening, to an island barbecue: en route, my collapsible bike took me weaving through the arches of the castle veranda, upon which, in years gone by, elegant ladyfolk had strolled with their parasols whilst the men were away hunting.

At the barbecue, venison burgers were served, the meat taken from a recent deer cull. I threw myself into the evening, downing an entire bottle of wine I had bought at the island's shop! The next day, shaking off my hangover, I resolved to take my collapsible bike to Kilmory (about 6 miles away) to see the red deer. The manager said, “You don't want to do that on these roads: we've had landrovers come back in pieces!” I was undeterred and found a line through the rock strewn, primitive roads. After several miles, there was a division of the ways and the rocky tracks were so indistinct amongst the rest of the landscape, I was temporarily lost. I sat on a large, pink rock to study a map, and then I noticed some indistinct graffiti carved into it. “What's that doing here, in this isolated place?” I asked myself. ... Then I made it out: it said, “Archie Cameron.”

Andrew Weight

**Next month:** Eigg

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### Answers to Buildings Quiz

1 The Tower of London 2 Queen Victoria 3 John Christie 4 Sandringham  
5 Highclere Castle 6 Sherlock Holmes 7 Green 8 Hampton court  
9 The Crucible 10 The Gherkin 11 Alnwick Castle 12 Liver Building, Cunard and  
Port of Liverpool Building 13 British Museum 14 St Pauls Cathedral  
15 Dylan Thomas 16 Brighton 17 Blackpool Tower 18 Isle of Wight 19 Four 20  
Kew Surrey

**Cratfield Parish Council**  
**Meeting Dates 2023**  
Cratfield Village Hall

Tuesday 10<sup>th</sup> January 2023 at 7.30pm  
Tuesday 14<sup>th</sup> March 2023 at 7.30pm  
Tuesday 9<sup>th</sup> May 2023 at 7.30pm  
Tuesday 11<sup>th</sup> July 2023 at 7.30pm  
Tuesday 12<sup>th</sup> September 2023 at 7.30pm  
Tuesday 14<sup>th</sup> November 2023 at 7.30pm

*~ Planning meetings are arranged when required ~*  
**All Parishioners Welcome!**

The agenda is displayed 3 days before the meeting on the noticeboards & website. If you would like to add anything to the agenda please contact the Clerk 7 days before the meeting.

**website: [www.cratfield.onesuffolk.net](http://www.cratfield.onesuffolk.net)**  
**Email: [cratfieldpc@gmail.com](mailto:cratfieldpc@gmail.com) or Tel: 07774 734411**

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**Mace**

Our new incumbent, Revd Enid Pow, will be joining us in February but in the meantime the other clergy are writing the letter in our monthly magazines; this month, Revd Clive Mobbs.

It is New Year and resolution time, a good time to review the way we live and particularly how we steward God's creation. It's one of the five marks of mission we have as a church. 'To strive to safeguard the integrity of creation and sustain and renew the life of the earth'. The awesome wonder of creation is one of the things that is at the core of my faith.

Small things! I am also a believer in small things - taking small actions that may seem insignificant but which have a ripple effect. Last year it was transport and I really looked at my car use. I am trying to reduce the miles I drive, car sharing when I can, planning my journeys to make every mile count and more often than not, if it is a local journey, you will see me out on my bike. As well as saving money and fuel, it has brought all sorts of benefits that I have not envisaged - not least the conversations I have as I share journeys or just because I am not 'in a car'.

This year, it is changes at home - you might be like me - a bit stuck. Stuck in an older house, stuck without the freedom or wherewithal to install an efficient heat fuel pump with all the structural changes that go with it to make it a realistic option, stuck with some expensive fuel bills. Even so, there are small changes I can make like tweaking the thermostat down a degree, wearing an extra layer and, most importantly, stopping the heat leaking and escaping.

A small group of us in the Four Rivers Benefice have volunteered to help The Suffolk Climate Change Partnership (SCCP) by piloting a thermal imaging camera scheme. We are hosting one to help households and organisations reduce their heating bills. These clever gadgets take pictures of heat emission to identify where it is escaping from your home.

The scheme has proved so popular that the camera we are hosting is already booked out until the end of April but we have block booked it so it can be used in our villages from 24th January to 10th February. If you want to know more, please contact me or Mike Turton ([miketurton2001@gmail.com](mailto:miketurton2001@gmail.com)) who can tell you more.

Wishing you a peaceful and healthy 2003.

God bless

Reverend Clive Mobbs ([rev.clive.mobbs@gmail.com](mailto:rev.clive.mobbs@gmail.com))

## ST. MARY'S CHURCH SERVICES JANUARY 2023

<b>Sunday 8th</b>	<b>Sunday 15th</b>	<b>Sunday 22nd</b>	<b>Sunday 29th</b>
6.00pm Evening Prayers	9.00am Village Wor- ship	9.00am Holy Communion	10.30am Benefice Service
<b>Sidesperson</b>	<b>Sidesperson</b> C. Marfleet	<b>Sidesperson</b> D. Peacock	<b>Sidesperson</b> C. Marfleet
<b>Reader</b>	<b>Reader</b> A. Edmunds	<b>Reader</b> P. Baker	<b>Reader</b> D. Peacock
<b>Readings</b> Isaiah 42:1-9 Acts 10:34-43 Matt 3:13-17	<b>Readings</b> Isaiah 49:1-7 1 Cor 1:1-9 John 1:29-42	<b>Readings</b> Isaiah 9:1-4 1 Cor 1:10-18 Matt 4:12-23	<b>Readings</b> T.B.A.

**Please come along and join us for a Benefice Service with our sister churches at St. Mary's on Sunday 29<sup>th</sup> 10.30am**

## CHRISTMAS HAMPER RAFFLE

St. Mary's would like to thank all those who so generously donated the many splendid food and drink items for the Christmas Hamper Raffle held at the Village Hall Christmas Fair. Such was your generosity that three hampers were created. The winners of the first prize hamper were Sandra and Paul Taylor of Dunnetts Farm, second prize Lotty Barbour and third Caroline Emeny who had walked over from Laxfield, so her win made the walk very worth while. £302 was raised for the church fabric fund. Many thanks to all who contributed items for the hamper and to all those who bought tickets.

# DIRECTORY:

Doctor's Surgery	Fressingfield	01379 586 227
	Stradbroke	01379 384 220
Local officers:		
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<a href="mailto:revloxtongmail.com">revloxtongmail.com</a>		
Church Wardens:		
Lay Elder for Cratfield - Margaret Thompson		07906 509302
Parish Council - Lotty Barbour		01986 798099
Parish Clerk Sally Chapman		07774 734411
Parish Council Website	<a href="http://www.cratfield.onesuffolk.net">www.cratfield.onesuffolk.net</a>	
Neighbourhood Watch co-ordinator - Nick Eade		01986 798725
Village Hall:		
Chair Person - Natalie Lloyd-Evans		01986 798790
Vice Chair - Rebecca Sannick		01986 799006
Bookings - Jo Nunn		01986 799181
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All information must arrive by 20<sup>th</sup> of the month.

Advertising rates p/a: Full page £60; half page £30; quarter £20.

Please contact Sue, Graham or Peter for more information