

CRATFIELD NEWS

April 2023



Médecins Sans Frontières

Dear members of Cratfield Village Community,

Thank you so much for your kind donation of £1,180 to Médecins Sans Frontières (MSF). Your support is hugely appreciated and helps our teams provide medical care to the people who need it most.

After 12 years of war in Syria, which has left much of the population living in desperate conditions in camps, the north-west has now experienced a massive earthquake that has caused extensive destruction and left people in a situation of extreme vulnerability.

In the early hours of Monday February 6th, as soon as we received information about the earthquake that hit south-east Turkey (Türkiye) and north-west Syria, our teams in Syria prepared to launch an emergency response.

Some of the hospitals we manage or support in north-west Syria were directly impacted by the earthquake. At the maternity centre we support in Jindires, near Aleppo, the fabric of the building was so badly weakened by the quake that we had to evacuate all the mothers and children including the babies in incubators.

The few hospitals that were still functioning were overstretched and medical staff were exhausted. We have sent medical staff to reinforce the teams working in overwhelmed hospitals across north-west Syria. We have helped ambulance services transport people in need of emergency treatment to hospitals. We have provided 38 hospitals in Idlib and Aleppo governorates with emergency medical kits, surgical supplies and medicines.

We are donating relief kits to people in urgent need of aid. These kits contain blankets, shelter materials, children's clothes, adult's clothes, insulation material, kitchen kits and mattresses – the essentials that a family needs when they are sleeping on the street, having lost everything.

The 180,000 people that have been displaced by the earthquake adds to the two million people already living in difficult and precarious circumstances after being repeatedly displaced during 12 years of war. Of these 180,000, 11,000 are families in the Idlib area who are sleeping in the open with nowhere to go. It is winter in Syria, but even people whose homes are still standing are fearful of going back indoors in case their houses collapse in one of the many aftershocks. We are doing all we can to get aid to these families as soon as possible.

Every hour that passed saw growing numbers of injured people brought to hospitals in need of medical care.

Our teams in Syria are extremely grateful for the outpouring of support we have received from the general public. By giving to our emergency fund, you are helping ensure we can respond to emergencies around the world, including to the earthquake in Syria and Türkiye.

Thank you once again.
Warm regards
Francisco Otero y Villar
(Head of MSF Syria)



Cratfield Litter Pick

Please help tidy up your village!

Cratfield Parish Council is organising a Litter Pick on

**Good Friday 7th April 2023 4-6pm
Before the Pop-up Pub**

~ FREE EASTER EGG for any Children Taking Part ~

Litter picking equipment will be available at the
village hall from 4pm



For further details please contact

Councillor Caroline Marfleet Tel. 07969 603509

Councillor Dan Elford Tel. 07870 462189

Your support would be greatly appreciated

WELCOME

A very warm welcome to Elisha and Dave who have recently moved into Poachers Cottages. They have already found their way to the pop-up pub, so we hope they will enjoy other village activities here with us in Cratfield.

FOR SALE – Honda Jazz 1.4 Automatic 5 door

As anyone who has walked or driven past recently will have noticed our drive is resembling even more of a used car forecourt than usual...For health reasons, Richard's mum has given up driving and we now have to sell her car on her behalf.

Honda Jazz - '61' plate / 2011 - 1.4 Petrol – Automatic with 'Sports' mode - only 30,500 miles (approx. 2,500 miles per year) - full Honda main dealer history (stamped book and all invoices since new) - 3 owners (Honda Demo, 1st owner, then Richard's mum) - last serviced at 29,079 miles - Air Con re gassed in Sept 2019 - 5 door - metallic silver - alloy wheels - CD player with Aux input - 2 keys and fobs - full size spare wheel (dealer extra) - black cloth interior - fitted Honda carpet mats - 4 tyres with 5mm of tread all round - full years MOT with no advisories - 4 electric windows - steering wheel controls - excellent condition - never smoked in and no dogs. The car even comes with the insulated Honda mug and red Honda duster as a gift to the first owner from the dealer! £130 a year to tax and £40 to fill up.

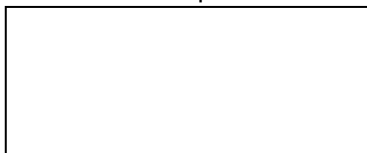
**£8,500 or very near offer. Andy / Richard – Poachers Farm, Bell Green - 01986
798 346**

Diary of a novice triathlete, aged 52½ (when he started)

Along time ago, in a galaxy quite like this one, I was approaching a watershed moment in my life: I was going to leave the Royal Navy and start a second career as an independent consultant. I had been quite fit in my youth and was still in possession of 3 of the 4 cartilages that should be in my knees (stupid game, rugby). However, I seemed to have spread out a little since then and so decided that I would start exercising regularly again. As a goal to motivate me, I thought, what better than a triathlon? (No, don't tell me.) Our elder son had signed up for the Blenheim triathlon and so I thought I would surprise him by turning up at the start line and myself by turning up at the finish line.



I started by looking at the distances involved in triathlons. Given my dodgy knee/back/commitment, my concern was the running. The Sprint (swim 750 m, cycle 20 km, run 5 km) looked doable, as long as it was strictly understood that "Sprint" referred to the distances not the speed.



The next step was to start exercising regularly again. In keeping with the principle of "tidying up before the cleaner gets here", I thought I would make a start on getting fit before joining the local triathlon club.

Given decades of various sporting activities and injuries, I am a firm believer in cross-training and the need to do some strength training along with the endurance stuff. My recent purchase of a year's membership of the local gym came with some sessions with a personal trainer. And so, choking back years of blokeish refusal to seek advice, I booked myself in. My trainer turned out to be a triathlete himself and I was quite pleased that he did not burst out laughing when I told him my plan. We started with an assessment of my current fitness. I was stood on a souped-up set of bathroom scales and held on to a pair of wires while he tut-tutted about my body-fat. I went on the treadmill while he looked disapprovingly at my heart-rate. "OK, you need to start with an hour a day on the running or machines, keeping your heart-rate within the fat-burning range." An hour a day? I made a mental note to load up my iPod with some suitable tunes and buy some sweat-proof earphones. We moved on to the weights section where I did some pully-pushy things. The last exercise was

'walking lunges'. This involved doing Billy-big-steps down the corridor with a dumbbell in each hand. "Do 16", he said. "... 14, 15, 16", I counted. "Right, 2 more" he said. "17, 18", I went. "No, 2 more sets of 16", he quipped merrily.



Some time later, with legs like handfuls of rubber bands, I staggered back to the car. I thought to myself, "This has got to get easier".

I also started going to Pilates again and was proud to be, once more, "The only boy in the Pilates Class". Pretty soon I was "drawing my navel to my spine" with the best of them and "holding the connection" between bits of my anatomy that I had no intention of separating anyway. Towards the end of session the instructor told us to check the tension in our buttocks. "If you are feeling confident," I suggested, "check the tension in the buttocks of the person next to you." By the time we had all recovered our composure and reset our bridges it was time to go home. A month of this and I would be able to start actually doing some triathlon training.

Charlie Wilson

EASTER

"The resurrection gives my life meaning and direction and the opportunity to start over no matter what the circumstances".

"Easter is the only time when it's safe to put all your eggs in one basket."

"Blossom by blossom the Spring begins."

"April has put a spirit of youth in everything."

"Easter egg hunts are proof that your children can find things when they really want to."

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Cratfield Parish Council

Please help keep your village clean & tidy

Cratfield Parish Council has litter picking equipment which can be borrowed anytime.

Your help & support would be greatly appreciated!

If you would like to litter pick please contact:

Cllr Dan Elford Tel: 01986 798649 - Village collection

Cllr Richard Chivers Tel: 07900 187350 - Silverleys Green collection



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ICS

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Up Spirits!

I should say a word about the naval tradition of rum which, in 1961 when I joined the Navy, had a more or less “spiritual” significance. Indeed, when the bosun’s call “Up Spirits” was heard, old sailors would mutter “Standfast the Holy Ghost!”¹

In the days of wooden sailing ships, safe drinking water was hard to come by, so sailors were issued with a gallon (yes, a gallon) of beer a day². By the 18th century, with the development of sugar production in the West Indies, this was replaced with a cheaper half pint of rum. In 1740 the practice was regularised by Admiral “Grog” Vernon. Ratings received their rum (three eighths of a pint, or one gill) diluted two parts of water to one of rum³, which made it difficult to hoard, so it had to be drunk at once. Petty Officers and above received their rum neat and officers never received the rum ration, except when “Splice the Mainbrace”⁴ was ordered, something only the Monarch can do today. Then each man, officers included, received an extra tot of rum.

It was also once customary to make an extra issue before battle, and also indeed to soldiers going “over the top” in the Great War, on the grounds that these were things that no sane or sober man would readily do.

By 1850, the system was well established. On reaching age 18, sailors opted to be “Grog” or “Temperance” and those marked “G” were issued a tot every day unless they were ill. Sailors marked “T” were paid an extra threepence a day! Naturally, not everyone wanted their rum every day (it was strong stuff, much stronger than “pub rum”), so there was usually surplus rum and this became an illicit currency, with which to purchase favours from your shipmates – for example to meet up with a girlfriend when you were on duty and so needed a substitute; “doing someone a sub” in the naval vernacular.⁵ The extra (known as Queen’s) might also be used to decoy young officers onto the mess - deck and ply them with rum – as happened to me on my first Christmas as a Midshipman in the Fleet at Singapore. I blush to think of it - or at least the bits I can remember.

Every morning at 11.30, at sea or in harbour, the duty officer would descend to the locked Spirit Room and “pump up” the precise amount of rum required for those on the Ship’s Books, then issue the exact number of tots required to each mess. The Leading Hand of each mess took it back to his mess-deck and supervised its issue to each “G” mess member who was supposed to drink it there and then. Any surplus was ceremoniously ditched. It was a formal event and not without its appeal and humour – I still remember the wonderful aroma

of the Spirit Room and the comfort of an ancient ritual. The rum was supplied from the former Royal Victoria Victualling Yard at Deptford on the Thames, which closed in 1961, but is still a fascinating place to walk round.

Of course, as time went by, alcohol limits for driving were introduced, limits which a tot exceeded, much more complex machinery and weapon systems were fitted in ships and the rum ration became a dangerous anachronism. On 31 July 1970 it was abolished. I well remember the last day, "Black Tot Day." HMS Beachampton, which I then commanded, was visiting the ancient port of Bushire in Iran. We had hoisted a large black flag which briefly caused consternation in the harbour. I carried out the last rum issue myself and then ceremoniously poured the remaining rum into the sea. I received a minor reprimand for that because it should have been returned to Deptford to keep the books straight!

But across the Fleet, there was very little fuss. Many people were even relieved not to be obliged to draw their ration daily. The biggest losers were Barbadian rum makers who suffered quite badly financially. Thereafter sailors were allowed to purchase three opened ten-ounce cans of beer a day, whilst Petty Officers and above were allowed to run limited spirits bars. But life had anyway changed. Today, when at sea, very little of the allowance is purchased or drunk, although "Splice the Mainbrace" may still be ordered by the Monarch on special occasions. The King's Coronation will surely be one.

Jeremy Blackham

1. "Standfast" meant that an order just given was not to be obeyed by those instructed to "Stand Fast".
- 2.. Beer was only around 1% alcohol.
3. "Two and one" known as "Grog" after the Admiral.
4. In the days of sail, splicing the mainbrace was a very tough job for which sailors were rewarded with an extra tot.
5. A sailor, asked to do one of his mates a favour, may still say, "That's a bit tottish."

100 CLUB winners

This month's Cratfield Village Hall 100 Club winners (drawn by E Rae) are:
1st prize (£15) number 55 – Graham Nixey ...2nd prize (£10) number 11 – Sue Eade
....
3rd prize (£5) number 1 – Chrissie Kitchen. Congratulations to all the winners!

METFIELD STORES cíc

We are looking for a new volunteer Company Secretary

Our Company Secretary is retiring at the end of March 2023. We are keen to find a replacement as quickly as possible so that there can be a relaxed handover of this important role.

Duties are estimated to take approx. 6–8 hrs each month plus about 21 hrs (spread over a few months) per year for the AGM and annual filing activities and include:

- **Monthly Board Meetings:** Schedule, manage, attend and minute the meetings (held at 6.30pm on the last Thursday of the month)
- **Annual General Meeting:** Schedule, manage, attend and minute the AGM (book venue, notify shareholders, keep accurate records of attendees). Maintain the register of shareholders and the mailing lists
- **Companies House:** Update company information, including completion of the Annual Returns
- **Minute Book:** Maintain this in electronic and hard copy formats

The person we are looking for will contribute their expertise as part of a team of volunteers and have an interest in the efficient management of the shop. Previous experience of undertaking a Company Secretary role would be advantageous. They should be well organised, proficient in the use of Word or Pages software, have experience of registering documents online, be comfortable with communication via email, good at keeping to a schedule and able to handle a mailing list.

You will undertake this role closely with – and have support from – the Chair while you settle in.

We are a friendly and professional bunch of individuals doing our best to oversee the running of this vital community asset. Our Manager Sue has a team of nearly 40 dedicated volunteers working in the shop. All posts, except that of Manager, are Volunteer status with no remuneration, apart from any pre-agreed expenses.

If you think you might be interested in applying for this post, please email Linda Norris at metfieldstores@gmail.com or phone her on 07938 176338 or leave your contact details at the shop FAO Linda Norris, Metfield Stores.

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2023 Mobile Library Dates

Tuesdays

Silverleys Green 14.15 – 14.35 and The Poacher 14.45 – 14.55

21st March, 18th April, 16th May, 13th June, 11th July, 8th August, 5th September, 3rd October, 31st October, 28th November **No service in December**

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For bookings apply to:

Chris Kitchen tel. no. 01986 798 764, email: chrissie.kitchen@yahoo.com or write to Bell Green Cottage, Cratfield, Halesworth, Suffolk, IP19 0BI

VILLAGE HALL UPDATE – APRIL

Many thanks for all the lovely feedback on our new heating system at the Village Hall – funded with thanks to the Heveningham Hall Country Fair Trust. It has been in use a few times now and the difference is amazing, it heats the whole hall up in about 10 minutes, costs a lot less to run and people have commented how nice it is to not have to keep moving seats to get away from the intense heat of the old system!

Pop Up Pub – with food by the ‘Not so Cratfield Kitchen’ from 6pm Friday 7th April

With food by the ‘Not so Cratfield Kitchen’ - Pop along for a drink and some supper – saves cooking and no washing up too. The bar takes cash and card payments and the ‘Not so Cratfield Kitchen’ takes cash only. **Menu – keep an eye on the Village Facebook page for the menu which is usually shared on the Monday before, but the sausage casserole and vegetarian cassoulet will be back by popular demand!**

Indoor Bowls – every other Tuesday from 7pm – Tuesday 4th and 18th of April / 2nd, 16th and 30th of May

Do come along and have a go – no experience required – all good fun! Tea & Coffee available and there is a suggested donation of £2 to play. Any queries please contact Nigel 07445351861 or Elliott 07963676207. Come and have a go!

Acoustic Night 6 - Saturday 22nd April 2023 – doors open 7.15pm

Cratfield Acoustic Night Number 6 will be in the Village Hall on Saturday 22nd April (not 15th as noted in last month’s mag) Our guest band will be Loose Change - a Suffolk based covers band who perform a wide range of music from blues to pop and all in between. The band is - Freddie Miles on guitar and vocals, Lily Porter on guitar and vocals, Colin Shepard on base and Matt Peck on drums. I heard Freddie play solo at The Royal Oak late last year - not to be missed!!_We also have local support from Natalie and Paul and exciting young singer-songwriter Tori Ramsay from Framlingham and Claudia Wyatt from Woodbridge (will she bring her harp, I wonder?) To make sure we cover the basic costs of running the village hall there will be a nominal charge of £3 per person and for that you get a whole evening of fine musical entertainment! BAR OPEN TOO!

Coronation Weekend – The Coronation Pop Up Pub Friday 5th May from 6pm

To mark the coronation on Saturday 6th May, the Pop-Up-Pub will be slightly different, with (hopefully) themed food and live music later on in the evening – watch this space and the village facebook page for updates. Why not kick start the coronation weekend with a drink and a dance!

Cratfield Dog Show – Sunday 7th May

Now a firm favourite in the diary and extremely well attended – with a range of classes for everyone, including ‘best sausage catcher’ and ‘Waggiest tail’ – pop the date in your diary and watch out for more information coming soon.

Photographic Competition 2023 Saturday 14th October

Back again by very popular demand, remember you do not need to be a professional photographer or even own a camera to take part – photos taken on phones and tablets can be entered too! There are three categories – and any interpretation of the categories is welcome. Photos can either be portrait or landscape or black or white – totally up to you. The only rules are photos must be either 6” x 8” or 12” x 8” and they must be submitted unmounted - this is to ensure the competition is fair for all as not everyone can afford to have their photos mounted. The categories for 2023 are;

My Cratfield – think of what Cratfield means to you? A morning view out of your bedroom window or across your garden, a favourite view on a walk, or the welcoming lights of home after a long day at work.

Suffolk Patterns – patterns are all around us – in our houses, gardens, fields and outbuildings.

Abandoned Suffolk – is there something rusting away in the corner of your garden, an abandoned or outgrown / discarded toy or an abandoned nest in a hedgerow that you have seen?

Committee Meetings for 2023 – 7pm

Thursday 18th May / Thursday 17th Aug / Thursday 9th Nov (and AGM)

Village Hall for hire!

Don't forget our hall is available for hire for a very reasonable

price! For any future booking enquiries please contact us on

cratfieldvillagehall@gmail.com or Robert King on 01986 798975

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Benefice Services for April 2023

April 2023	2nd	9th	16th	23rd
Bedfield	10.30am Family Service	10.00am Holy Communion		10.30am Morning Praise
Brundish	9.00am Holy Communion	10.30am Easter Family H.C.		10.30am Holy Communion
Cratfield		9.00am Holy Communion	9.00am Village Worship	9.00am Holy Communion
Laxfield	10.30am Celtic Morning Service	10.30am Family Service	10.30am Holy Communion	10.30am Fourth Sunday Worship
Monk Soham	11.00am Family Service	11.00am Holy Communion		11.00am Morning Prayer
Tannington	11.00am Holy Communion			
Wilby	10.30am Village Worship	10.30am Family Communion	10.30am Village Worship	10.30am Morning Prayer
Worlingworth	Support Tannington	11.00am Easter Praise followed by H.C.	11.00am Let's Celebrate	11.00am Holy Communion

GOOD FRIDAY – Brundish 12noon Good Friday Liturgy, Laxfield 10.30am Easter Garden
 Monk Soham 9.00am Sung Litany Pastoral Quire, Wilby 11.00am Good
 Friday Service, Worlingworth 10.30am At the foot of the cross

SUNDAY 30TH - BENEFICE HOLY COMMUNION - TANNINGTON

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**Exploring the
Scottish Islands –
with a collapsible
bike!**

**Eigg (Pop. today:
100) – Part 3**

Recap: After life-as-normal for crofting folk, the purchase of Eigg by Keith Schellenberg in 1975 proved to be a 20 year-long

disaster. After making conservationist claims at the start, Eigg became little more than a playground for him and his rich chums – whilst tenants suffered cold & misery in damp, unmaintained properties. They also had to endure uncertainty of tenure & employment, they were branded 'drunks' and 'hippies', and they lived in fear of surprise eviction notices. In 1994, the laird's Rolls-Royce 'mysteriously' burnt to the ground and, to spite the islanders, he sold Eigg to a German 'artist' (and not to them) in 1995 - which was also a failure. After a publicity campaign that caught the imagination around the world, donations flooded in and the islanders eventually bought the island from the financially-embarrassed artist in

1997.

The photo shows Shellenberg's last day on Eigg in 1995 – arguing with a Police Officer!

When I first saw Eigg from the handrail of the ferry in 1996, the islanders had just seen off Schellenberg after 20 years of misery – and would've been equally disheartened by the following laird, a 'Walter Mitty' character who only visited the island twice: houses continued to have holes in their roofs and some still didn't even have running water or sanitation.

When I did land on Eigg in 1999, I was met at the pier by my host, Colin, and I was seated in the back end of a covered Landrover pick-up: our journey was to the north of the island, to Laig (pronounced 'Lagg') Farm, about 4 miles away. Pointing my camcorder out of the back end of the truck, I was able to film the lush, green scenery, whilst Colin's 7 year old daughter chatted away, providing squeaky backing vocals! As I jumped out of the truck on arrival, a sheepdog nipped my heels and 'herded' me into the farmhouse! The farm draws its own water from a stream that cascades down the rocks directly behind it and at meal-times, there would be a jug of what I took to be amber-coloured apple juice; a couple of days later, I realised that it was actually peat-coloured water! Colin pointed out places of interest on the map of Eigg – including the 'Singing Sands', which apparently squeak and drone! (When I visited, they were shy!) I also went for an exploratory walk behind the farmhouse. Some way along, I saw a rusty old car, slowly being reclaimed by nature: it looked incongruous, and carelessly left in such a beautiful place – but, as Colin explained, when you live on an island, you can't take your car to the scrapyard! I also cycled to the Laird's Italianate house: with my cheap folding-bike incongruously parked in front of it, the house was sad and abandoned - as if a dictator had just been toppled following a military coup (which, if you delete the word 'military', wasn't far from the truth).

My visit, then, in 1999, was only 2 years after Eigg became the islanders' property; and, at that time, the transition was still on-going. To quote one writer: "Centuries of feudal repression do not make way to participative democracy overnight." In fact, it took years, tackling a fear of change when, after centuries of a paternal system, it was changing to one of personal responsibility. Complex practicalities such as property surveys, insurances, tax issues, financial systems, production, consumption and well-being had to be sorted out, just for starters! As one put it, "the islanders have brought bureaucracy upon themselves and they don't like it: it's too much like the mainland." However, they have gone through the pain and have succeeded quite spectacularly: In 2008, the island's electrification project made 24 hour electricity available to all residents for the first time – and after 10 years hard work, their system of multiple renewable energy sources (solar, wind & hydro) all feeding into a grid system is now regarded as a world leader. And... in 2010, with initiatives that are too many to list here, the island won joint first place in a competition to find better ways to tackle climate change. The islanders had really gone to work on an Eigg – and cracked it!

Postscript: When I stayed with Colin (not his real name) at Laig Farm, he told me that, in the mid-nineties, he "had to spend some years off the island." Does this mean, I wonder, if he knows more than most about the burning of Schellenberg's RR?!

Next month: Mull

Andrew Weight

**Cratfield Parish Council
Meeting Dates 2023**
Cratfield Village Hall

Tuesday 10th January 2023 at 7.30pm
Tuesday 14th March 2023 at 7.30pm
Tuesday 9th May 2023 at 7.30pm
Tuesday 11th July 2023 at 7.30pm
Tuesday 12th September 2023 at 7.30pm
Tuesday 14th November 2023 at 7.30pm

~ Planning meetings are arranged when required ~
All Parishioners Welcome!

The agenda is displayed 3 days before the meeting on the noticeboards & website. If you would like to add anything to the agenda please contact the Clerk 7 days before the meeting.

website: www.cratfield.onesuffolk.net

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Easter is coming and the children (adults too!) are getting excited about chocolate Easter Eggs. But why does the church get so excited about something that happened over two thousand years ago? Why does it matter today? Well, Easter isn't just about the eating of Easter Eggs and planning a delicious Easter lunch. Without the resurrection (Jesus returning to life) there would be no church, and there would be no hope for the world. Easter, is God's love story for the people of the world, enabling us to share life with him, beginning right now and lasting forever.

Jesus came first to show us the way to God's Kingdom, through his teaching of a new way. Throughout his ministry, Jesus showed us that he was in a spiritual battle with the forces of evil, and this came to a climax, when Jesus died on the cross on Good Friday to pay for all the wrong things we do in our lives. These are the things that come between us, and God the Father. Having paid the price for us, Jesus then rose from the dead, on what we now know as Easter Sunday. So what difference does that make, you might be thinking? It's quite simple really; Jesus' resurrection, tells us that God is fulfilling his promise to us. He says that when we accept the gift Jesus gives us (i.e. forgiveness of all the things that separate us from God,) he gives us eternal life; not just after our physical death, but right now! That is why we call Jesus our Saviour and why Easter is so important for you and for me. I hope you have a really blessed Easter, and plenty of delicious Easter eggs too.

Reverend Enid

ST. MARY'S CHURCH SERVICES APRIL 2023

Sunday 9th EASTER DAY	Sunday 16th	Sunday 23rd
9.00am Holy Communion E.P.	9.00am Village Worship C.M.	9.00am Holy Communion R.A.
Sidesperson D. Peacock	Sidesperson A. Edmunds	Sidesperson C. Marfleet
Reader P. Baker	Reader D. Peacock	Reader A. Edmunds
Readings Jeremiah 31:1-6 Acts 10: 34-43 John 20: 1-8	Readings Acts 2: 14a, 36-41 1 Peter 1:3-9 John 20:19-end	Readings Acts 2: 14a,36-41 1 Peter 1:17-23 Luke 24:13-35

Zoom Services - Celtic Prayer 7.00pm Wednesdays, 9.00am Fridays
 To join us email Chrissie Smart – rev.chrissiesmart@gmail.com
 and you will be sent details

Come along and join in the Agapé Supper

7.00pm Maundy Thursday April 6th



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Church:

Priest in Charge of the Four Rivers Benefice
Rev. Enid Pow revenid4rivers@gmail.com 01986 743093
The Vicarage, 15 Noyes Avenue Laxfield IP13 8EB
Assistant Curate Rev. Clive Mobbs 07340 838639

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Parish Clerk Sally Chapman 07774 734411
Parish Council Website www.cratfield.onesuffolk.net
Neighbourhood Watch Co-ordinator Nick Eade 01986 798725

Village Hall:

Chairperson Natalie Lloyd-Evans 01986 798790
Vice Chair Andy Barringer 01986 798346
Bookings Robert King 01986 798975

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Nova Ladies Luncheon Group Heather Hargood 01986 798180

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All information must arrive at the latest by 20th of the month
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